

BASIC PRAYER

A Simple Way to Speak with God

If you find prayer intimidating and hard to understand, you are not alone. These simple steps are intended to make prayer more accessible, so that you can enter into the beauty of connecting with God through prayer.

Adoration – reflect on God’s goodness.

Sample: *Glorious God I adore You. You are mighty.*

You are loving. You are beyond my imagination.

I am in awe of all You have done, all that You are doing, and all that You will do.

God, You are _____

Confession – acknowledge the struggles of life.

Sample: Gracious God I confess that I have let you down, let others down, let myself down. I have given in to temptation and selfishness. I have missed opportunities to be generous and loving.

I confess my failures, trusting that you forgive me and you want to help me grow.

God, I confess _____

Thanksgiving – thank God for blessings.

Sample: Good God, thank you for all the blessings in my life. You have provided me with more than I could ever have imagined.

God, Thank you for _____

Requests – ask God to provide what you need.

Sample: Generous God, I turn to you for strength and help. Please care for me and the people I love.

God, please _____